

DR SARAH OLSER

**CHIROPRACTIC AT
UNIVERSITY OF
JOHANNESBURG**

TOPIC :

CLINICIAN MINDSET:

**CLARIFYING
PURPOSE,
GROUNDING
REALITY**

**ACF 2026
GUEST SPEAKER**



**LUSAKA, ZAMBIA
LATITUDE HOTEL**



**11TH TO 13TH
JUNE 2026**

REGISTER NOW

Dr. Sarah is a chiropractor and certified health & life coach with a special interest in career wellbeing for practitioners.

Dr. Sarah transitioned into coaching and dedicated her work to helping chiropractors create sustainable, purpose-driven careers.

She supports practitioners at every stage - from those navigating burnout and self-doubt to those ready to expand their influence and step into leadership.

Her mission is to help chiropractors build careers aligned with their values—where personal wellbeing and professional excellence coexist, and long-term impact becomes both achievable and sustainable.