

**DR KEEVARA  
RAIDOO**

**MASTER OF HEALTH  
SCIENCES IN  
CHIROPRACTIC**

**UNIVERSITY OF  
JOHANNESBURG**

**TOPIC :**

**HOW TO BE AN  
ALLY: LACTATION  
SUPPORT FOR  
NEW MUMS**

**ACF 2026  
GUEST SPEAKER**



**LUSAKA, ZAMBIA  
LATITUDE HOTEL**



**11<sup>TH</sup> TO 13<sup>TH</sup>  
JUNE 2026**

**REGISTER NOW**

**Dr. Keevara Raidoo, is a South African chiropractor with a special interest in paediatrics, pregnancy, and breastfeeding.**

**Keevara is the founder and owner of The WellNest Family Chiropractic and Breastfeeding Centre, where she provides gentle, evidence-based chiropractic care for newborns, infants, children, expectant and postpartum mothers.**

**Keevara is also actively involved with Love Without Reason, a humanitarian medical organisation delivering free cleft lip and palate surgical missions and community healthcare outreach across Africa and Asia.**