

## Thursday June 11, 2026

| Time          | Lobby             |
|---------------|-------------------|
| 18:00 - 20:00 | Welcome Reception |

## Friday June 12, 2026

| Time                 | Main room  |
|----------------------|--|
| 07:30 - 08:00        | Registration   |
| <b>08:00 - 10:00</b> | <b>SESSION ONE</b><br><b>Focus: Pregnancy &amp; Paediatrics</b>                      |
| 08:00 – 08:15        | Conference Opening and Welcome Address<br><b>ZAMBIA &amp; ACF LOC</b>                |
| 08:15 - 08:45        | <b>Kim Otteby: Taking care of the world without burning out</b>                      |
|                      | Session Chair: Dr Neerasha Ramsamy   |
| 08:45 - 09:20        | <b>Dr Prisca Rompen – Mother and child care. Reflections from Jinja</b>              |
| 09:20 – 10:00        | <b>Dr Keevara Naidoo – How to be an ally: Lactation support for new Mums</b>         |
| 10:00 - 10:30        | Coffee/tea break   |
| <b>10:30 – 12:00</b> | <b>SESSION TWO</b><br><b>Focus: Adolescence</b>                                      |
| 10:30 - 11:30        | <b>Dr Inger Villadsen- Introduction to Dynamic Neurostabilisation</b>                |
| 11:30 - 12:10        | <b>Dr Muhammed Tagari – Sports injuries and concussion in teens</b>                  |
| 12:10 – 13:00        | <b>Mrs Esther Pillay-Naidoo – Ethical considerations for vulnerable populations.</b> |
| 13:00-14:00          | Lunch  |
| <b>14:00 – 17:30</b> | <b>SESSION THREE</b>   |

|               | <b>Workshops</b>  |
|---------------|---|
| 14:00 - 15:30 | <p>Breakout session A:<br/>Sports Practical - Dr MuhammedTagari – Basic toolkit for chiropractors managing sports injuries</p> <p>Break out session B:<br/>Paediatrics Practical – Led by Dr Neerasha Ramsamy (with Dr Prisca Rompen and Dr Keevara Naidoo)</p> |
| 15:30 - 16:00 | Coffee/tea break  |
| 16:00 - 17:30 | <p>Panel Discussion: Chiropractic Education in the Global South – Why ‘copy and paste’ isn’t good enough</p> <p>Dr Carol Mwenda , Dr Fatima Ismail, Dr Desiree Varatharjulu, Dr Chris Yelverton</p>   |
| 19:00 - 22:00 | Dinner and local arts show, showcasing the best of Lusaka   |

**Saturday June 13, 2026**

| <b>Time</b>        | <b>Main room</b>       |
|--------------------|------------------------|
| 07:30: 08:00       | Registration desk open |
| <b>08:00-11:00</b> | <b>SESSION FOUR</b>    |

|                      |   |
|----------------------|---|
| 08:00 – 08:50        | Dr Marshall Deltoff – Imaging older patients: Considerations for elderly care                                   |
| 08:50 – 09:40        | Dr Inger Villadsen – Dynamic Neurostabilisation (Practical)   |
|                      | <b><i>Clinician's corner</i></b>  |
| 09:40 - 10:30        | Dr Sarah Osler: Clinician mindset: Clarifying purpose, Grounding Reality  |
| 10:30-11:00          | Coffee/tea break  |
| <b>11:00 – 13:00</b> | <b>SESSION SIX</b><br><b>Focus: Research &amp; Sustainability</b>   |
| 11:00 - 11:45        | Dr André Buissières– The Researcher Clinician – how the ordinary, busy chiropractor can do meaningful research. |
| 11:45 – 12:30        | Dr Richard Brown – Chiropractic care for all people of all ages: Global reflections and considerations          |
| 12:30-12:45          | Dr Elga Drews: Closing reflections – Taking care of patients across the life course                             |
| 12:45 – 13:00        | Vote of thanks and close – LOC / ACF rep  |
| 13:00- 14:00         | Lunch   |
| 14:00- 16:00         | ACF AGM   |
|                      | Lusaka Tour   |

- Program subject to change without notice -